

O P A T R A[®]

L O N D O N

SPA

By Mahogany Springs



ALL MAHOGANY SPRINGS RESIDENTS WILL RECEIVE A 25% DISCOUNT ON ALL TREATMENTS, DEVICES AND CREAMS.

A PRIVATE INTRODUCTION TO OPATRA

35-45 minutes. \$65
(resident price \$50).

The cost of this experience will be credited towards any products you wish to purchase.

Step into our luxury boutique, where clients immerse themselves in a world of opulence and rejuvenation. Our beauticians will engage you with warmth and expertise, explaining the science behind Opatra's innovative technology and luxurious formulations. They will demonstrate a selection of Opatra Home Devices and Skincare products on your skin.

There is no pressure to purchase anything, just come and learn more about your skincare and what Opatra can do.



FACIALS

ENERGISE

Pre or Post Gorilla trek – 60 minutes
\$165 (Resident price \$132).

An energizing facial that incorporates LED light therapy. This rejuvenating treatment helps to promote healthy, radiant skin. The LED technology uses different wavelengths of light to penetrate the skin's surface and stimulate cellular activity. This can help to increase collagen production, reduce inflammation, and improve overall skin tone and texture.

The treatment typically begins with a gentle cleanse and exfoliation to prepare the skin, followed by the LED light therapy, which is applied using a specialized device. The treatment may also include a serum to further enhance the skin's hydration and radiance. After the treatment, clients can expect to feel refreshed and revitalized, with a brighter and more youthful complexion. This energizing facial is a perfect choice for those looking to rejuvenate their skin and achieve a healthy, glowing complexion. Ideal before your Trek to energise your skin or after your trek to breathe life back into face.



FACIALS

REJUVENATION

Post Gorilla Trek – 60 minutes
\$165 (resident price \$132)

A facial designed to cleanse dust after trekking is a perfect way to rejuvenate the skin and remove dirt, grime, and environmental pollutants that can accumulate after a long day of trekking. The treatment typically begins with a gentle cleanse to remove any surface impurities and a toner to balance the skin's pH levels. Next, a mild exfoliant is applied to help remove any dead skin cells and unclog pores, followed by a nourishing treatment to soothe and hydrate the skin which will allow the skin to absorb its beneficial ingredients fully.

The treatment may also include a relaxing facial massage to further boost circulation and promote lymphatic drainage, leaving the skin feeling fresh and renewed. After the facial, clients can expect to feel revitalized and refreshed, with a brighter and more radiant complexion. This facial is an excellent choice for those looking to pamper their skin after a long day of trekking and restore its natural radiance.



FACIALS

AQUA SPECTRA TREATMENT

Post Gorilla Trek – 60 minutes
\$225 (resident price \$168)

Our Aqua Spectra is a cutting-edge device that offers deep cleansing and hydration for the skin, and it is the perfect choice for those who have just completed gorilla trekking. Using our state-of-the-art Aqua Spectra device, this treatment cleanses, exfoliates, and hydrates the skin using a combination of advanced technologies, including vortex suction, chemical exfoliation, and hydration infusion. The treatment typically starts with a gentle cleanse and exfoliation to remove any dirt, debris, or dead skin cells, followed by a gentle suction that removes impurities from deep within the pores. Next, a combination of serums and hydration-infusing agents are delivered to the skin, providing deep hydration, nourishment, and protection against environmental stressors. The Aqua Spectra is a gentle, non-invasive treatment that offers immediate results, leaving the skin looking and feeling refreshed, hydrated, and rejuvenated. This treatment is an excellent choice for those looking to pamper their skin after a day of gorilla trekking and achieve a healthy, radiant complexion.



FACIALS

SKIN TIGHTENING FACIAL

60 Minutes - \$210
(resident price \$156)

Opatra skin tightening treatment is a cosmetic procedure that aims to improve the appearance of skin by reducing the signs of aging. It involves the use of different therapies to tighten and rejuvenate the skin, including red light therapy, heat therapy, cold therapy, and a customized skincare facial.

Red light therapy uses low-level light to stimulate collagen production and improve skin elasticity. Heat therapy increases blood flow and helps to tighten skin. Cold therapy helps to reduce inflammation and puffiness. The skincare facial component of the treatment may include cleansing, exfoliating, moisturizing, and other skincare products chosen to address specific skin concerns. This treatment involves some use of the Aqua Spectra machine.



FOOT CARE

Using advanced footcare
FOOTLOGIX products.

Being on safari and especially gorilla trekking can be tough on the feet due to the rugged terrain and long hours spent walking or hiking. The uneven ground, steep hills, and rocky paths can put a strain on the feet and lower legs, causing fatigue, soreness, and even blisters.

In addition, the climate and temperature changes can also impact the feet, with heat and humidity causing swelling and discomfort.

With proper preparation and after-care, visitors can enjoy the incredible experience of gorilla trekking without sacrificing the health and comfort of their feet.

PREPARE AND PROTECT

Pre-Gorilla Trekking – 45 minutes
\$125 (resident price \$93)

This treatment will prepare your feet for the upcoming challenge. Your feet will be cleansed, refreshed, moisturised, exfoliated and finally massaged to increase circulation, leaving you feeling ready to GO!

PAMPER AND REJUVENATE

Pre or Post Gorilla Trek – 60 minutes
\$170 (resident price \$127).

This treatment will include Seaweed exfoliation, callous softener and removal of dead skin. You will then enjoy a wonderful foot massage followed by moisturisation. We will finish the treatment by gently applying our special Tired Leg Formula.

POST GORILLA TREK

Hard Skin Removal 45 minutes
\$135 (resident price \$99)..

After a challenging gorilla trek, it's essential to take care of your tired feet and address any hard skin that may have developed. This treatment will carefully remove hard skin, refresh and moisturise your feet leaving you feeling revitalised.

OUR MESSAGES

Our highly experienced Masseuses offer a wide variety of massages including

- Swedish
- Full Body
- Aromatherapy
- Hot Stones
- Plus more....

All massages last approx.
60 minutes. \$90 (resident price \$65).

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